

Peanut Butter Playdough

Here's a play dough that you can eat.

2 tablespoons honey

1 cup peanut butter

1/2 cup powdered milk

Step 1. Wash your hands well.

Step 2. With your child, mix the ingredients as listed above. Start with a spoon to get some practice using a spoon to stir.

Step 3. Then use your hands to complete mixing.

Step 4. Mold the dough into different forms.

Step 5. When you feel you've exhausted this material, you can eat it. It's good.

Here are some ideas for playing with this play dough and encouraging language use:

- Mold the dough into balls and try to roll them on waxed paper back and forth to each other. Ask: *How do they roll? How can we make them roll better?*
- Take the balls above and flatten into pancakes. Ask: *What do you like to eat with pancakes? What would you put on top of peanut butter pancakes?*
- Take the pancakes above and hide small objects inside the pancake by rolling over the edges. Have your child guess what might be inside.
- Take the pancakes and some cookie cutters. Cut out different shapes with the cookie cutters. Try to match like shapes.
- Talk about similarities and differences between the cookie cutter shapes.
- Take a blob of play dough and make a hot dog - rolling and pressing lightly to make the shape. Take a pancake shaped blob and place it around the hot dog. Ask: *What can we add to our hot dog? What colors will we put on top of the hot dog?*
- Mold the play dough into mysterious and original forms and talk about them.
- Add other substances to the play dough and feel the differences in texture. For example, add sprinkles or add raisins or add coconut. Taste each new substance. Ask: *What one do you like better? How does the raisin mixture differ from the coconut dough?*
- Make a long flat road with the play dough. See how long you can make it.
- Put a shorter flat road next to the long road. Ask: *Which one is longer? Which one is shorter? What can we do to make the two roads the same length?*