

## ***Oral Motor Games to Develop Function and Awareness***

- Make lots and lots of bubbles to have your child chase, track with their eyes and POP! Say *pop* every time a bubble pops, encouraging your child to repeat.
- Have your child blow the bubbles. Encourage to use rounded lips by giving a model with own lips.
- Count the bubbles each time you blow from the wand.
- Use different instruments to make bubbles. Ex. bubble wand, plastic wrap from a pack of soda cans, sieve.
- Try to blow at different lengths, i.e. short puffs to long drawn out blows. Look at the different bubbles produced!
- Chase the bubbles as they blow. *Where did they go?*
- When the bubbles pop, look at the residue and discuss the different shapes left behind. *What do they look like?*
- Count how many bubbles stick together. *What does it look like when they do stick together?*
- Discuss similarities and differences between bubbles. *How many are big? How many are little?*
- Make up a story about the rainbow found in some bubbles.
- Discuss reasons for bubbles. Ex. to celebrate – *what might be some occasions to celebrate?*
- Talk about reasons you might not like bubbles. Ex. Pop in your eyes. Tastes bad, etc.
- Make up a shared story about where the bubbles go when they go out of sight. I.e. take turns creating the sentences to the story.

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